

# PACKING LIST FOR UZBEKISTAN:

## TRAVEL DOCUMENTS

- Passport - 6 months valid from the end of your travels
- Visa with correct dates & names
- Insurance, vaccinations record & medical prescriptions
- Copies of important documents (print & digital versions)

## CASH AND PAYMENT CARDS

- Take enough cash for your trip and emergency fund of USD 500 recommended
- Use money belt during the whole journey

## FIRST AID KIT AND NECESSAIRE

- Prescribed medicine
- Personal medical first aid kit
- Insect repellent
- Hand sanitizer
- Sunscreen 30-50 SPF
- Towel
- Toothbrush & toothpaste
- Deo & parfum
- Shampoo, soap & shower gel

## CLOTHING – Weather is hot in Uzbekistan

- T-shirts, shirts
- Socks and underwear
- A pair of light pants
- Shorts/skirts
- Light sweater/jacket for evenings
- Swimwear
- To visit mosques a hat/scarf and socks

## SHOES

- Flip flops or other rubber shoes
- Light trainer shoes or flats

## ACCESSORIES

- Light backpack
- Sunglasses & hat
- Camera & chargers

## OPTIONAL PACKING TIPS

- Earplugs
- Music & books
- Flashlight/headtorch
- Pajama/slippers
- Sewing kit
- Personal hygiene articles
- All purpose small plastic bags
- Postcards from your homeland